

# The Catholic Parish of Epping and Carlingford

## Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford



**Parish Priest: Fr Jim McKeon**  
Tel.: 9876 2853  
Email: [jim@eppcarl.org.au](mailto:jim@eppcarl.org.au)

Email: [parish@eppcarl.org.au](mailto:parish@eppcarl.org.au)

**Assistant Priest: Fr Bogdan Skupien**  
Tel.: 9876 2853  
Email: [Bogdan.Skupien@bbcatholic.org.au](mailto:Bogdan.Skupien@bbcatholic.org.au)

**Parish Office: 9876 2853**

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's Church at Carlingford and Our Lady Help of Christians' Church at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebration of the Eucharist together will provide both nourishment and challenge on your Christian journey.

### YEAR B

### THE MOST HOLY TRINITY THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)

**30-05-21**  
**06-06-21**

Deut 4:32-34, 39-40  
Ex 24:3-8

Rom 8:14-17  
Heb 9:11-15

Mt 28:16-20  
Mk 14:12-16, 22-26

Dear Parishioners,

**Our Parish Newsletter** is now published fortnightly, so this edition is for Trinity Sunday June 6<sup>th</sup> and Corpus Christi Sunday June 13<sup>th</sup>. Please send notices for the next newsletter to be published on June 20<sup>th</sup> to the parish office by June 16<sup>th</sup>.

**Volunteering:** Thank you to the many people who last weekend completed the volunteer form and have expressed interest in a wide variety of our parish ministries. If you've brought this form back this week you can place it in the blue or red collection boxes in the church. Your details will be given to the leader of that ministry who will contact you to invite you to take part and to answer your questions in the next two weeks. You can download the volunteer form now at <https://www.bbcatholic.org.au/epping-carlingford/groups-and-ministries/volunteering/volunteering> and return to [eppcarlvolunteer@bbcatholic.org.au](mailto:eppcarlvolunteer@bbcatholic.org.au) and there are spare forms in the back of each church.

**Farewell to Lisha:** At the 9.30am Mass on May 30<sup>th</sup> we bid farewell to Lisha Abrahams who has been employed on a maximum term contract as our parish's Sacramental Program Assistant for the past two years. Lisha has assisted Lynn Siau and our volunteers with Sacramental programs and administrative work. We thank Lisha for her contribution to our parish and wish her well in her next endeavours. She and her family have moved to The Ponds and are making a new parish home there.

**Parent Connect Gathering:** Our monthly Parent Connect Gathering with Fr Jim is on Saturday June 5<sup>th</sup> 11am at St Gerard's meeting room. This is an opportunity for parents to explore their partnership with the parish in sharing Catholic faith with their children. This is for parents who are new to the parish, new to OLHC or St Gerard's School, or seeking a parish reference for enrolment at another

Catholic school. Contact Fr Jim on 9876 2853 or [jim@eppcarl.org.au](mailto:jim@eppcarl.org.au) for more information

**Music Ministers:** We're gathering our existing music ministers, and people who would like to join a parish choir or music group to come for a music gathering on Sunday June 6<sup>th</sup> 3.30pm – 5pm at OLHC or Thursday June 10<sup>th</sup> 7.30pm – 9pm at St Gerard's. This will be an opportunity share repertoire together and to learn some new hymns. Bring your voices and your instruments.

**The Plenary Council:** You are invited to join the national prayer campaign and in a special way support the ongoing journey of the Plenary Council. Many of us have already been involved in parish consultations and submissions. Working parties around Australia have been collating and discerning these submissions, ahead of the first assembly starts on October 3. There are prayer cards and booklets in each church which you might like to take for personal use, or use with a group. An icon of Mary, Star of the Sea will be in each church. See <https://plenarycouncil.catholic.org.au/> for more information about the Plenary Council.

**9.15am Mass on Wednesdays at OLHC** has had very few attendees this year; usually only a dozen, and sometimes less than 10. It seems odd to have two Masses in the parish 15 minutes apart (there is a 9.30am Mass at St Gerard's which has stronger numbers). Fr Jim and Fr Bogdan propose to move the Wednesday Mass at OLHC to 6pm to provide an alternative time which may be attractive to a wider range of people. This will commence on Wednesday June 23<sup>rd</sup>. The monthly healing Mass on Wednesdays at OLHC has also had fairly small numbers. Fr Jim has been canvassing the idea of having the healing Mass on a Thursday or Friday at the 12.15pm Mass, however, there is as yet no consensus so we will not make a change yet. We will have the healing Mass as an extra Mass on the 3<sup>rd</sup> Wednesday of each month, in addition to the 6pm Mass.

*...continued on page 2*

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**Parish Census:** Every May, every Catholic church throughout Australia conducts a census to look at trends in Mass attendance at a parish, diocesan and national level. The raw data for the 4 weeks of counting is below. You'll notice a significant drop from May 2<sup>nd</sup> to May 9<sup>th</sup>, which may be in part caused by the re-introduction of greater covid restrictions (masks and no singing) on May 9<sup>th</sup>. We'll have comparative data from the previous years in the next newsletter. Do these figures hold any surprises for you? Do they confirm what you have observed?

2021	2nd May	9th May	16th May	23rd May	Average
OLHC Vigil	102	98	106	120	106.5
8:30am	109	83	87	90	92.25
10:15am	168	125	119	144	139
6:00pm	115	106	129	118	117
St G Vigil	112	95	102	81	97.5
7:45am	77	90	81	82	82.5
9:30am	139	129	106	106	120
Total	822	726	730	741	755



*Epping & Carlingford*

## SACRAMENT OF CONFIRMATION

For children baptised Catholic  
and in Year 3 & above

Invitation to Enquire now

email: [lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)  
phone: 0407 255 593

**Congratulations** to Fr Bodgan whose 20<sup>th</sup> anniversary of priesthood is on Wed June 2<sup>nd</sup>. We'll have morning tea with him after the 9.30am Mass at St Gerard's.

**Covid safety:** The recent rise in Covid cases in Melbourne reminds us to continue to be vigilant in our precautions. Please continue to scan in with a QR code or sign in every time you come to Mass, use the hand sanitiser provided, and wipe down surfaces you touch with the wipes provided. We are continuing to observe the 2sqm per person distancing, and maintaining physical distancing between people where possible. Masks continue to be recommended by the NSW Health Dept, and you'll notice that the priests and other ministers will wear a mask when they give you Holy Communion.

**No collections:** Our parish still relies on the generosity of you, our parishioners and visitors, even though we are not presently passing around a collection bowl. Many of our regular parishioners now give either by credit card or direct debit, and we welcome you to join them by using the form at <https://www.bbcatholic.org.au/epping-carlingford/giving> or at the back of the church. You can also make a one-off donation using the Commonwealth Bank's Bpoint portal at this site. If you'd like to donate cash there are red and blue donation boxes in the middle of OLHC Epping and at the back of St Gerard's for you to donate. If you don't have cash there is a paywave / tap and go device at each door, with each tap donating \$10 to our parish. Thank you for your generosity.

*Fr Jim McKeon*

## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	30/05/21	7.00pm	PMR C'ford Antioch Meeting
Mon.	31/05/21	6:00pm	CH Epping Reconciliation & Adoration
		6:30pm	St Gerard's Church—Rosary Group
Tue.	01/06/21	7:00pm	PH Carlingford—Alpha Session
		7:00pm	PMR C'ford Emmaus Group
Wed.	02/06/21	10:00am	PMR C'ford Morning tea Fr Bogdan
		7:00pm	PMR Epping PPC Meeting
Thur.	03/06/21	10:00am	CH Carlingford Healing & Anointing
			Mass in the Church followed by morning tea in the PMR.
		11:30am	PMR St Gerard's Parents Prayer Group
		7:30pm	PMR C'ford Men of St Joseph
Fri.	04/06/21	10:00am	PMR C'ford Scripture Reflection
		7:00pm	PH C'ford CANA
		7:30pm	PMR C'ford Dads' Club
Sat.	05/06/21	11:00am	PMR St Gerard's Parent Connect Group
Sun.	06/06/21	7.00pm	PMR Carlingford Antioch Meeting
Mom.	07/06/21	6:00pm	CH Epping Reconciliation & Adoration
		6:30pm	St Gerard's Church—Rosary Group
Tue.	08/06/21	7:00pm	PH Carlingford—Alpha Session
Thur.	10/06/21	11:00am	Mass at the Poplars
		1:30pm	PMR C'ford St Gerard's Prayer Group
		7:30pm	PMR C'ford Men of St Joseph
Fri.	11/06/21	10:00am	PMR C'ford Scripture Reflection
		7:00pm	PH C'ford Cana Meeting

## WELCOME TO THE MEN OF ST JOSEPH



The group is dedicated to Catholic men, who together spend time, to pray and to discuss how Catholic men live in today's world, discuss and support Catholic family issues and choices we make.

You are most welcome to join us on Thursday, 3rd & 10th June at 7:30 pm, in the parish meeting room, Carlingford.

## PARISH STAFF

## Parish Secretary:

**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

## Asst. Parish Secretary:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

## Pastoral Care Assistant:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)**  
**Sacramental Programmes and Children's Ministries**

**Lynn Siau**

Ph.: 0407 255 593  
Email: lynn@eppcarl.org.au

## Sacramental Programme Assistant:

**Lisha Abraham**

Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

## Pastoral Support Worker (PSW) Youth:

**Joanna Mak**

Ph.: 0404 710 588  
Email: joanna@eppcarl.org.au

## Missionary Discipleship Coordinator:

**Denis McNamara**

Ph.: 0410 041 944  
Email: denis.mcnamara@eppcarl.org.au

## Parish Pastoral Council

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

## GRACE

Group Radio Association of Carlingford & Epping



## Episode 16

Tune in to hear more about OLHC Feast Day, Pentecost, the attempted assassination of Pope John Paul II, and join us as we get the inside scoop from Father Jim!



[www.anchor.fm/grace2020](http://www.anchor.fm/grace2020)





## Parish Information


**CHARITABLE WORKS FUND**  
**May 2021 Appeal –this weekend**

Please give generously to the final CWF appeal of the Financial Year 2020/21. Donations are 100% tax deductible.


**Donate to CWF by:**

- CWF envelope in your pew
- Online at [www.bbcatholic.org.au/give](http://www.bbcatholic.org.au/give)
- Or scan the QR code.

**The Year's Shortfall**  
**\$7,869.70**

**ST GERARD'S HEALING MASS** Our Healing and Anointing Mass will take place on Thursday, **6<sup>th</sup> June** at **10:00am** in the Church. Morning tea will be served at the conclusion of Mass in the parish meeting room. Could we ask those that intend to come along to bring a plate. This will help with the catering.

**FIRST SATURDAY DEVOTIONS**

There will be devotions in honour of Our Lady, on the 1<sup>st</sup> Saturday of the month preceding the 9:15am Mass at Our Lady Help of Christians' Church. This includes the rosary and prayers. You are most welcome!



## Family/Children's Mass

**SUNDAY 6TH JUNE 9:30AM**  
**ST GERARD'S CHURCH, CARLINGFORD**

Fr Jim and Fr Bogdan would like to invite the Year 4 group to participate.

The children can be involved in readings, prayers and processions.

Siblings are welcome too!



**Morning tea after Mass**  
**Come for a cuppa to catch up!**

EMAIL FOR MORE DETAILS:  
 LYNN@EPPCARL.ORG.AU

EPPING AND CARLINGFORD

# PARISH TRIVIA NIGHT

HOSTED BY ANTIOCH

26TH JUNE, SATURDAY  
 7-10PM @ST GERARD'S PARISH HALL  
 \$10 PER PERSON, 6-8 PEOPLE ON A TEAM

FUNDS RAISED WILL SUPPORT THE NEXT RETREAT FOR THE YOUTH.

Lots of prizes to be won!

Bookings essential. RSVP to Joanna on [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or 0404 710 588 or fill in your details on the registration sheet at the back of the Church.

**COMBINED LITURGICAL MUSIC GROUP MEETINGS FOR OUR LADY HELP OF CHRISTIANS**

The next meeting for the Liturgical Music Groups will be held on: **Sunday 6th June** in OLHC Church at Epping commencing at 3:30pm. Please let Maree know if you are attending.

**COMBINED LITURGICAL MUSIC GROUP MEETINGS FOR ST GERARD'S**

The next meeting for the Liturgical Music Groups will be held on: **Thursday 10<sup>th</sup> June** in St Gerard's Church at Carlingford commencing at 7:30pm. Please let Maree know if you are attending.

**CATALST FOR RENEWAL REFLECTION MORNING**

Our next reflection morning will be held on **Saturday, 5<sup>th</sup> June**. We gather in the parish hall of Hunters Hill. 9.30 AM – 12.30 PM. Sister Catherine McCahill sgs will lead our reflection. Her topic/theme is:

*'The Gift of God' – Jesus' invitation to the woman  
 He meets at the well in Samaria.*

No need to book. All most welcome.

We do appreciate a donation.

Tea and coffee provided. A time to be still. *'Come and See'*. Enquiries: Carole Wilson 9869 1036.

## Youth And Young Adults

**ANTIOCH (YEAR 10/16 YEARS OLD - 23 YEARS OLD)**

Antioch meets on Sunday nights  
For games, a talk, share groups  
Prayer and dinner after.



**30th May** 6-8pm at St Gerard's meeting room,  
and a special talk given by Hien our  
Seminarist. Don't miss out!  
**6th June** 6-8pm at St Gerard's meeting room

Contact parent support:  
Joanne 0416 030 927, Karen 0421 506 577

**CANA**  
YOUTH GROUP

John 2:11 'The first of these miraculous signs,  
Jesus performed at Cana.'

**CANA (Years 6-9)**

Join us on Friday nights  
7:30—9:00pm at  
St Gerard's Meeting Room/  
Parish Hall.  
Snacks provided!

28th May—Youth Alpha video  
4th June—Corpus Christi  
special

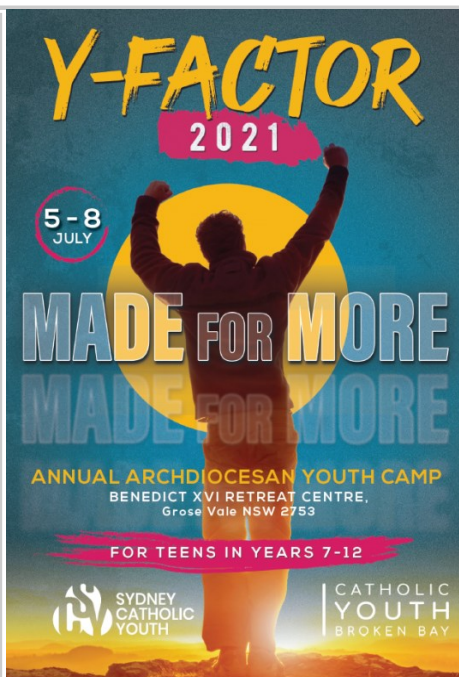
**Retreat in the school holidays  
for year 7-12s**

**When?** 9:30am, Monday July 5 –  
1:00pm, Thursday July 8,  
2021

**Where?** Benedict XVI Retreat Centre,  
347 Grose Wold Rd,  
Grose Vale. Get in with the  
early bird rate of \$260 (full  
rate: \$280)

Register at  
[https://www.trybooking.com/  
events/landing?eid=746555&](https://www.trybooking.com/events/landing?eid=746555&)

For more information contact  
[info@sydneycatholicyouth.org](mailto:info@sydneycatholicyouth.org) or  
call Sydney Catholic Youth on 9307  
8152 or the Parish Youth Minister,  
Joanna Mak on 0404 710 588.

**Emmaus Young Adults  
(23-30years old)**

Our young adults group meets once  
a fortnight on Tuesdays 7-8:30pm.

1st June—Special Talk  
15th June—Bible study on the  
Gospel of Mark

For more information on any of our  
three youth groups, please contact  
the Youth Minister, Joanna Mak on  
0404 710 588 or  
[joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)

**Parish Trivia Night  
Saturday, 26th June**

7-10pm at St Gerard's Parish Hall  
\$10 per person, teams of 6-8 people.  
Funds raised will support the next  
retreat for the youth.  
Please RSVP to Joanna Mak either on  
0404 710 588 or  
[joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)

We also have Facebook groups for Antioch and  
Emmaus so if you would like to join, please con-  
tact the Youth Minister.

**BIBLE IN A YEAR**

Join us on the journey via Facebook or  
WhatsApp as we read 'The Bible in a Year'  
with Fr. Mike Schmitz.

Starts 10 May 2021



For more information contact: Joanna Mak 0404 710 588

facebook



WhatsApp



**Organised by the Bible Reading Group**  
CATHOLIC PARISH OF EPPING AND CARLINGFORD

## Parish - Eucharist as God's Physical Embrace

There's a story told of a young Jewish boy named Mortakai who refused to go to school. When he was six years old, his mother took him to school, but he cried and protested all the way and, immediately after she left, ran back home. She brought him back to school and this scenario played itself out for several days. He refused to stay in school. His parents tried to reason with him, arguing that he, like all children, must now go to school. To no avail. His parents then tried the age-old trick of applying an appropriate combination of bribes and threats. This too had no effect.

*Kisses just work, their inner dynamics need no metaphysical elaboration.*

Finally, in desperation they went to their Rabbi and explained the situation to him. For his part, the Rabbi simply said: "If the boy won't listen to words, bring him to me." They brought him into the Rabbi's study. The Rabbi said not a word. He simply picked up the boy and held him to his heart for a long time. Then, still without a word, he set him down. What words couldn't accomplish, a silent embrace did. Mortakai not only began willingly to go to school, he went on to become a great scholar and a Rabbi.

What that parable wonderfully expresses is how the Eucharist works. In it, God physically embraces us. Indeed that is what all sacraments are, God's physical embrace. Words, as we know, have a relative power. In critical situations they often fail us. When this happens, we have still another language, the language of ritual. The most ancient and primal ritual of all is the ritual of physical embrace. It can say and do what words cannot.

Jesus acted on this.

For most of his ministry, he used words. Through words, he tried to bring us God's consolation, challenge, and strength. His words, like all words, had a certain power. Indeed, his words stirred hearts, healed people, and affected conversions. But at a time, powerful though they were, they too became inadequate. Something more was needed. So on the night before his death, having exhausted what he could do with words, Jesus went beyond them. He gave us the Eucharist, his physical embrace, his kiss, a ritual within which he holds us to his heart.

To my mind, that is the best understanding there is of Eucharist. Within both my undergraduate and graduate theological training, I took long courses on the Eucharist. In the end, these didn't explain the Eucharist to me, not because they weren't good, but because the Eucharist, like a kiss, needs no explanation and has no explanation. If anyone were to write a four hundred page book entitled, *The Metaphysics of a Kiss*, it would be not deserve a readership. Kisses just work, their inner dynamics need no metaphysical elaboration.

The Eucharist is God's kiss. Andre Dubus, the Cajun novelist, used to say: "Without the Eucharist, God becomes a monologue." He's right. A couple of years ago, Brenda Peterson, in a remarkable little essay entitled, *In Praise of Skin*, describes how she once was afflicted by a skin-rash that no medicine could effectively soothe. She tried every kind of doctor and medicine. To no avail. Finally she turned to her grandmother, remembering how, as a little girl, her grandmother used to massage her skin whenever she had rashes, bruises, or was otherwise ill. The ancient remedy worked again. Her grandmother massaged her skin, over and over again, and the rash that seemingly couldn't be eradicated disappeared.

Skin needs to be touched. This is what happens in the Eucharist and that is why the Eucharist, and every other Christian sacrament, always has some very tangible physical element to it—a laying on of hands, a consuming of bread and wine, an immersion into water, an anointing with oil. An embrace needs to be physical, not only something imagined.

G K Chesterton once wrote: "There comes a time, usually late in the afternoon, when the little child tires of playing policeman and robbers. It's then that he begins to torment the cat!" Mothers, with young children, are only too familiar with this late afternoon hour and its particular dynamic. There comes an hour, usually just before supper, when a child's energy is low, when it is tired and whining, and when the mother has exhausted both her patience and her repertoire of warnings: "Leave that alone! Don't do that!" The child, tense and miserable, is clinging to her leg. At that point, she knows what to do. She picks up the child. Touch, not word, is what's needed. In her arms, the child grows calm and tension leaves its body.

That's an image for the Eucharist. We are that tense, over-wrought child, perennially tormenting the cat. There comes a point, even with God, when words aren't enough. God has to pick us up, like a mother her child. Physical embrace is what's needed. Skin needs to be touched. God knows that. It's why Jesus gave us the Eucharist.

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*





### Visit to Epping West Public School

Tuesday, 18<sup>th</sup> May 2021, Fr Jim visited Yr. 4 Scripture class at Epping West Public School. The lesson of the day was about the Holy Spirit, Fr Jim was able to explain the Holy Spirit through his expert discussion with the children, that they all came away with a better understanding. Fr Jim interacted with the class via demonstration and even with a beautiful prayer in a song: "Come, Oh Come Holy Spirit, Come, Oh Come Holy Spirit, fill me with the gift of your love."

I couldn't help noticing the many hands raised to either answer questions or ask, the level of enthusiasm was wonderful.

Many thanks Fr Jim for taking the time out of your busy day to be with

us at Epping West school.

I know the children enjoyed having you with us, as I heard the murmurs at class close on how interesting your talk was and the hope you would visit again.

It's fantastic for our parish priests to visit the schools in our district, the catechists and children really enjoy the visits. On behalf of Year 4 and myself, a huge thank you to Fr Jim.

God Bless  
Nina Deacon

### E-Bulletin

If you would like to receive the bulletin by email, please send an email with e-bulletin as the subject title to: maree@eppcarl.org.au

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.



### Our Lady Help Of Christians Catholic Primary School

Principal: Ms Dominique O'Sullivan

8 Cambridge Street, Epping 2121 Ph: 9868 3322

[www.olhcdbb.catholic.edu.au](http://www.olhcdbb.catholic.edu.au)

Email: [olhc@dbb.catholic.edu.au](mailto:olhc@dbb.catholic.edu.au)

**Ecumenical Relationships** Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church.

**St Gerard's Catholic Primary School**  
Principal: Mrs Barbara Yee  
543 North Rocks Road, Carlingford  
2118  
P: 9871 1633  
[www.sgcdbb.catholic.edu](http://www.sgcdbb.catholic.edu)



### After Hours Sick Calls— 9876 2853

Outside office hours our office phones divert to Fr Jim and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

### USEFUL LINKS

#### Facebook:

<https://www.facebook.com/CatholicParishOfEppingAndCarlingford>

**Instagram:** <https://www.instagram.com/catholicparisheppcarl/>

#### Fr Jim's YouTube:

<https://youtube.com/channel/UCLpbDNqP8u1Wx4Gm08jJydA>

#### Epping and Carlingford Website:

<https://www.bbcatholic.org.au/eppingcarlingford>

#### G.R.A.C.E podcast via internet:

<https://open.spotify.com/show/1y2EWOFkWJMRN5tAWJN9am>

**Admitted to Hospital** A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.



**Awesome service. Amazing results.**

Betty Ockerlander

[bettyockerlander@mcgrath.com.au](mailto:bettyockerlander@mcgrath.com.au)  
0408 505 080

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**Responsorial Psalm Response****The Holy Trinity**

PS32:4-6.9.18-20.22 R. v.12

Happy the people the Lord has chosen to be his own.

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**Gospel Acclamation****The Holy Trinity****Alleluia, alleluia!**

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

**Alleluia!****WEEKEND MASSES****Epping** 5:00pm Vigil, 8:30am, 10:15am, 6:00pm**Carlingford** 6:00pm Vigil, 7:45am, 9:30am**WEEKDAY MASSES**

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	

**HEALING MASS** Carlingford—1st Thursday, Epping — 3rd Wednesday (no Healing Mass in Jan.)**EXPOSITION OF THE EUCHARIST: Epping** Saturday 9:45-10:15am, **Carlingford**, 4th Thursday 10:00am**SACRAMENT OF RECONCILIATION: Epping** Saturday 9:45-10:15am **Carlingford** Saturday 5:00—5:30pm  
**OR BY APPOINTMENT** [Temporary dates for Reconciliation Monday 6pm at Epping and Friday 7:30pm at Carlingford until further notice]**BAPTISMS AND WEDDINGS: BY APPOINTMENT****PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au**ST GERARD MAJELLA'S PRIMARY SCHOOL: PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au**OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Monica Lau, Haldane Andrews (mother of Chris Watts), Placido Mayhua, Hubert Tchibouk, Christopher Cross, Brian Mossef, C T Chee, John Kurukulasuriya.**Anniversaries:**

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard, Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Brian Walsh, Patricia O'Connor, Kathy Noonan, Dorothy Bonaccorso, Margaret Floyd, Barbara Madafiglio, John Lyons, Bev Gibbeson, Radhi Riley, Patrick Thornton, Jan Doherty, Maureen McKeough, Ana Matijasic, Benjamin Verco, Peter Kelly, John Goodwin, George Bell, Patrick Thornton, Michael & Susan Tuite, Benjamin Verco, Noelene Viset, Eileen Brownlow, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Alex Benjamin Zaragoza, Janice Lemon, Mary Lou Petony, Donald Wong, Joyce Heidke.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.***Responsorial Psalm Response****The Body and Blood of Christ**

PS 115:12-13.15-18 R. V. 13

I will take the cup of Salvation, and call on the name of the Lord.

**Gospel Acclamation****The Body and Blood of Christ****Alleluia, alleluia!**

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

**Alleluia!**

Date	Mass Time	Epping	Mass Time	Carlingford
05/06/21	5:00pm	Fr Jim McKeon	6:00pm	Fr Bogdan Skupien
06/06/21	8:30am	Fr Jim McKeon	7:45am	Fr Bogdan Skupien
06/06/21	10:15am	Fr Jim McKeon	9:30am	Fr Bogdan Skupien
06/06/21	6:00pm	Fr Jim McKeon		
12/06/21	5:00pm	Fr Bogdan Skupien	6:00pm	Fr Jim McKeon
13/06/21	8:30am	Fr Bogdan Skupien	7:45am	Fr Jim McKeon
13/06/21	10:15am	Fr Bogdan Skupien	9:30am	Fr Jim McKeon
13/06/21	6:00pm	Fr Bogdan Skupien		

Thank You!

To all you wonderful parishioners. I am ever so grateful for your prayers and best wishes during my recent stay in hospital. They were greatly appreciated. Thank you all so very very much. Thanks be to God.

Margaret McArdle